



5th Portugal de Lés-a-Lés Off-Road

2nd, 3rd, 4th and 5th October 2019

REGULATION
(updated 27/06/2019)

1 - EVENT GOALS

"Portugal de Lés-a-Lés Off Road" is organized by 'Comissão de Mototurismo da FMP- Federação de Motociclismo de Portugal' (Mototouring Committee of the Portuguese Motorcycling Federation - FMP). This is a tourist/adventure oriented event, and as such has no classification or competitive goals. However, its relative harshness turns it into a personal improvement achievement. The main goal is to take the Participants, riding off-road capable motorcycles on an off-road ride and discover the cultural and landscape potential of Portugal.

2- RECOMMENDATIONS

- 2.1 - Participants may enter 'Portugal de Lés-a-Lés Off Road' in a two or three-bike teams. Our main rule and recommendation is that you should **never leave your team-mates fall behind**, as they eventually may need help;
- 2.2 - In view of the non-competitive nature of "Portugal de Lés-a-Lés Off Road", we strongly recommend you adopt a **supportive, composed and relaxed attitude** towards the event. Take advantage of the scenic views, enjoy each moment and take your time to get to the finish line;
- 2.3 - Participants will be challenged to discover Portugal for 3 days, with long (300km) and off-road stages, making it physically challenging for the everyday rider. As such, we strongly recommend the riders to: Be in good shape; carry enough water and energy bars; drink water and eat during the stages; sleep well and get plenty of rest between stages;
- 2.4 - Participants should adopt a **prudent, supportive and abiding attitude** towards the Highway Code as the Route will follow mainly gravel, public roads open to general traffic;
- 2.5 - Throughout the event, participants must keep their motorcycles within the legal requirements of the "Technical Inspection" (TI);

- 2.6 - Participants must **follow all guidance and recommendations** given prior and during the stages by the Organizer's staff, who will be duly identified;
- 2.7 - We strongly recommend Participants **not to drink alcoholic beverages** during the stages;
- 2.8 - **Participants should ride orderly** and avoid disrupting regular traffic in towns and villages crossed by the Route;
- 2.9 - Participants must act in a **eco-responsible** fashion, respecting and protecting the environment in all areas used and crossed by the Route;
- 2.10 - It is mandatory to use off-road threaded tyres (knobby tyres);

3- ENTRIES

- 3.1 - Entries shall be made online at www.fmp.pt, on a date to be announced and **shall close on 15th September, or on a previous data if the entry limit is reached**;
- 3.2. - Entries are limited to **300 Participants**. This number may be changed by the Organizer;
- 3.3 - Entry Fee: 275€
- 3.4 - The entry fee includes an annual subscription of FMP's Motorcyclist Card (Cartão de Motociclista) for all non-bearers or which the validity thereof expires before the event's end date.
- 3.5 - Participants holding a FMP's Motorcyclist Card valid until the end date of the event shall have a 25€ reduction in the entry fee price.
- 3.6 - Participants holding a **"Motorcyclist Card"** will be eligible for:
- 3.6.1) BP fuel at immediate discount price, for a year:
 - i) 6 (six) cents per litre on regular gas, diesel and GPL;
 - ii) 8 (eight) cents per litre on BP Ultimate gas or diesel;
 - 3.6.2) Insurance coverage for Personal Accidents arising from two-wheeled vehicles usage, valid for one year, with the following amounts:
 - i) Treatment expenses, up to €4500.
 - ii) Indemnity in the event of death or permanent disability, €20000.
- 3.7 - Passengers are **not allowed** to entry/participate.
- 3.8 - Only two-wheeled motorcycles with a minimum fuel range of 100 km, designed for off-road usage (**maxi-trail, trail, rally-raid and enduro**) and motorcycles and scooters adapted/transformed to this end, which have passed the Organizer's "TI", are eligible to enter.
- 3.9 - Entries will be valid only after its payment in full is confirmed.
- 3.10 - The starting order of the participants in the Stages will be according to the entry payment date;

3.11 - The Organizer reserves the right to change the participants' starting order should this prove necessary to improve the safety and comfort of the same.

3.12 - FMP - Federação de Motociclismo de Portugal reserves the right of admission of Participants;

The Entry Fee includes:

3.13 - **Welcome dinner** on the first day of the event;

3.14 - **Dinner at the end of each stage** (meals will be served to participants wearing an entry bracelet);

3.15 - Stages' **Tracks** downloaded into the Participants' GPS devices;

PLEASE NOTE: Notwithstanding the Organizer's efforts to provide support to all GPS devices brought in, as in previous years, we can only guarantee a full support to Off-road/Outdoor GARMIN GPS devices. In order to mitigate the effects on precision of GPS devices with few waypoints, each of the 3 days' Route may be divided in 3 tracks. Tracks may be divided according to the routes: Start -Check Point (CP)1, CP1-CP2 and CP2-Finish in each of the 3 days. This will allow participants to further enjoy each of the checkpoints, relax for a bit, hydrate and load the track with next stage. However, we recommend you use devices that support, as a minimum, 1000 waypoints/track. The Organizer shall not be responsible for GPS devices unable to fully or partially load tracks due to free space requirements. The devices should be delivered to the Organizer's staff responsible for loading the tracks with sufficient free space to that effect. Tracks must not be loaded on more than one GPS device per participant. The Organizer will only load event-related tracks, and shall not perform any software/firmware updates on the devices, nor install new maps/charts. Only GPS devices bearing the ID number given at check-in, which shall be proof of ownership, will be returned to the participants. GPS tracks may be downloaded during the Technical Inspection (TI).

3.16 - **Event T'shirt**;

3.17 - **Kit with bib number stickers** and merchandising from sponsors;

3.18 - **Special promotion on Dunlop tyres**;

3.19 - **Mechanic's Support** on the 1st day of the event and at the End of each Stage;

3.20 - **Medical Assistance** at the Start, throughout, and at the End of each Stage.

3.21 - **Mechanic's Support Park** (with exclusive tyre transport, sale and fitting service) on the day of the "TI" and at the End of each Stage; This facility will have a dedicated area to the Participants who wish to set up their own assistance;

3.22 - **Transport of bag of sack up to 50lts** of luggage, from the starting line to the finish line of each stage;

3.23 - **Certificate of participation** in the event, at the end of the 3rd stage;

4 - TEAMS

- 4.1 - Entries will take place in teams made up of 2 or 3 participants;
- 4.2 - All solo entries and teams with more than 3 motorcycles will be teamed up in 2 or 3 motorcycles teams by the Organizer;

5 - PARTICIPATION

- 5.1 - The “**Entry List**” will be published by FMP in their website **5 days before the event**. Said list will include the call time for the “TI-Technical Inspection” and start time for each Stage.
- 5.2 - Participants must be present at the starting point on the 1st day of the event (2nd October), to carry out their ‘check in’, sign the ‘Liability Agreement’ regarding their entry, collect all the necessary materials and submit their motorcycles to the ‘Technical Inspection and Administration Checks’ – **Check-in (‘Secretariado’) will open at 2 p.m. of the first day of the event, and will close at 6 p.m. on the same day;**
- 5.3 - Participants **must wear protective gear**, suitable to off-road use: boots, padded Jacket and Pants (or body armour), helmet (full-face) and gloves;

Technical Inspection and Administrative Checks (TI):

- 5.4 - The "TI" shall take place on the first day of the event, from 14:00h to 18:00h, by starting order;

During the Technical Inspection (TI) the following must be produced:

- 5.5 - A current drivers’ licence for the motorcycle;
- 5.6 - A Civil Liability Insurance certificate for the motorcycle;
- 5.7 - A motorcycle in good working order;
- 5.8 - Off-road threaded tyres (knobby tyres);
- 5.9 – One **GPS navigation system per team;**
- 5.10 - A noise level within the legal limits in force;
- 5.11 - Licence plate;
- 5.12 - Headlight, rear light and brake light in working order;
- 5.13 - As a minimum, a rear-view mirror fitted to the left side;
- 5.14 - Puncture repair kit suitable for the tyres used. Mousse-fitted motorcycles are exempt from this provision;
- 5.15 - Motorcycles must be present at the start and finish lines of each stage with the ‘Lés-a-Lés Off Road’ team number stickers visible;
- 5.16 - Participants whose motorcycles or documents fail the TI will not be granted an Entry Fee refund, and will be prevented from entering the event;

6 - STAGES

- 6.1- The Route will stretch for **1000 km** in total, approx. **2/3** of which will be run on **dirt/gravel roads**, and the rest on tarmac “Liaison Stages”;
- 6.2 - The Route will be divided in **3 Stages**:
- 3rd October, Vila Pouca de Aguiar / Pampilhosa da Serra
 - 4th October, Pampilhosa da Serra / Coruche
 - 5th October, Coruche / Praia de Faro
- 6.3 - The Route of each Stage will run for approx. **300 km**, with a difficulty degree varying from **easy to moderate**, easily negotiable with any type of “maxi-trail”, “trail”, “rally-raid” and “enduro” bikes, or any other **off-road** fitted motorcycle;
- 6.4 - To preserve the true **spirit of adventure**, tarmac roads will be used only as **Liaison Stages**. Dual Carriageways and A-roads will not be used.
- 6.5 - Each stage will be divided in ‘**3 Legs**’, with a ‘**Check Point**’ at the start of each Leg.
- 6.6 - Refuelling will be made along the Route, using publicly available petrol stations. These will be referenced in the GPS-supplied track, at intervals of approximately 100 km.
- 6.7 - The difficulty degree of the Route and the rhythm necessary to conclude each Stage were planned taking into consideration the different skills of the participants and the performance of each machine. It is important that every Participant is able to **reach the end of each stage with sunlight left**;

7 - ROUTE CONTROL

- 7.1 - The course of each Stage will be opened by the Organizer's **Zero Team**, 30 min. before the starting time of the first participants;
- 7.2 - The course of each Stage will be closed by the Organizer's **Broom Team**, 30 min. after the starting time of the last participants;
- 7.3 - The **Check Points** of each Leg will **open** 30 min. after **Zero Team** has passed, i.e., the ideal passage time for the first participants;
- 7.4 - The **Check Points** of each Leg will **close** after the **Broom Team** has passed, i.e., 30 min. after the ideal passage time for the last team;
- 7.5 - Since the Organizer **does not ensure** any type of assistance to the participants on the Stage when they fall behind the Broom Team, for safety reasons, those who reach a **Check Point after its closing time** must take the fastest way to the **Check Point at the start of the next Leg** and rejoin the Route from there. The Organizer will **make available the coordinates** of all Check Points located at the start of each Leg of a Stage.

- 7.6 - Teams will **start** from a **Start Ramp**, every 30 seconds, according to the Starting List order;
- 7.7 - 'Race Officials' shall control only those participants wearing an entry bracelet;
- 7.8 - The two or three motorcycles comprising each team must **arrive together at the Check Points**;

8 - ABANDONMENT

- 8.1 - FMP will refund part of the Entry Fee amount to those participants who, due to illness, are unable to show at the start of 'Lés-a-Lés', provided they give notice to FMP accordingly, together with a medical certificate, sent by registered mail within the time limits below, and the refundable amount shall be:
- i) - 50% of the Entry Fee, if notice is received by FMP up to 30 days, at least, before the first day of the event;
 - ii) - 25% of the Entry Fee, if notice is received by FMP up to 8 days, at least, before the first day of the event;
- 8.2 - The letter must enclose the medical certificate stating the nature of the problem, together with the entry fee payment receipt, the entry number, name and bank account number where the refund shall be transferred to.
The letter shall be sent by registered mail to:
Federação Motociclismo de Portugal
Largo Vitorino Damásio, 3 C, Pavilhão 1
1200 – 872 Lisbon
Portugal
- 8.3 - Where a participant abandons the event during a stage for any reason, he must inform the event Organizer at once, using the mobile phone numbers provided;

9 - DISQUALIFICATION

- 9.1 - During the Stages, the Organizer may disqualify any participant who fails to observe the entry recommendations or any other casual instruction related thereto given by a duly identified member of Staff, with no refund of the Entry Fee.
- 9.2 - The discretion of Organizer shall apply in all cases where this regulation is silent.

- END OF REGULATION -